CLINICAL SERVICES SUPPORTED BY DBH

Overview of SUD Treatment Services



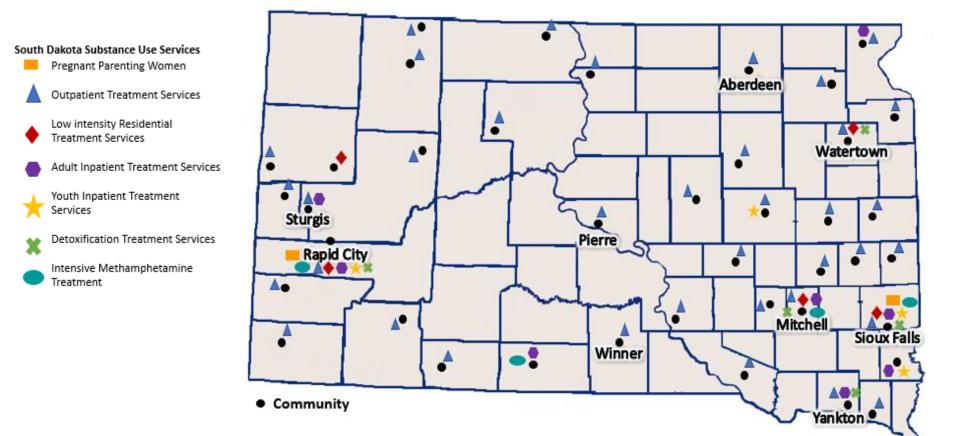
FY 20 Accredited Agencies

Total Unique Behavioral Health Providers	52
Community Mental Health Centers	11
Unique Accredited Substance Use Disorder Treatment Providers and Prevention Providers	52
Substance Use Disorder Treatment Providers	42
Prevention Agencies	22



Division of Behavioral Health

Substance Use Disorder Treatment Providers in South Dakota



Division of Behavioral Health

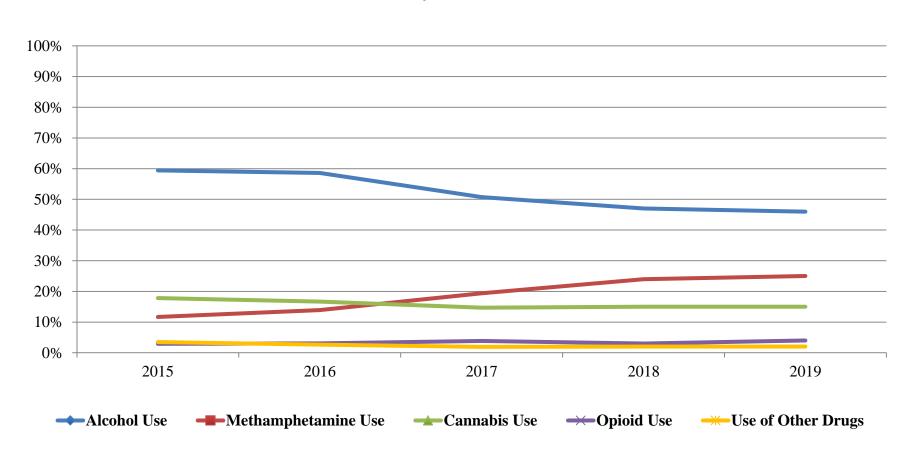
- DSS Webpage
 - Homepage
 - Behavioral Health
 - Community Behavioral Health Services
 - Interactive Map
 - SUD level of care checklist
 - Behavioral Health Quick Guide



Substance Use Disorder Services

Alcohol use remains the most used substance among South Dakotans

Number of Clients Served by Diagnosis FY15 through FY19 All Publicly Funded Clients





South Dakota Opioid Road Map

A collaborative state agency effort to prevent opioid use, increase treatment capacity, and reduce illicit supply across

South Dakota



Strategic Plan

South Dakota Opioid Abuse Strategic Plan

Avoid Opioid

PRESCRIPTION ADDICTION

Evidence-based strategies and the South Dakota Prescription Opioid Abuse Advisory Committee informed this strategic plan. View the entire Strategic Plan document and more information at **doh.sd.gov/news/opioid.aspx**

AvoidOpioid\$D.com

GOALS			
PREVENTION AND EARLY IDENTIFICATION	TREATMENT AND RECOVERY	REDUCING ILLICIT SUPPLY	RESPONSE TO OPIOID MISUSE AND ABUSE
STRATEGIES			
 Develop and update guidelines for opioid prescribers in South Dakota. Promote and provide education and training for all opioid prescribers on the appropriate prescribing of opioids. Maximize the use and effectiveness of the South Dakota Prescription Drug Monitoring Program (PDMP). Raise public awareness about the dangers of prescription opioids. Improve treatment access via connection to resources and information through call center support. 	 Increase professional competency in opioid use disorder (OUD) treatment and better connect treatment providers, prescribers, and recovery support services in complex case management and staffing of OUD cases. Expand access to medication-assisted treatments (MAT) across South Dakota through enhanced referral systems and linkages to in-person and virtual MAT clinics. Enhance awareness of treatment options and cost assistance available. Improve treatment retention and recovery through peer and family support services. 	 10. Explore the potential for a comprehensive opioid management program within South Dakota Medicaid. 11. Expand drug take-back programs to increase accessibility to safe disposal options for prescription opioids. 	 12. Equip first responders and emergency departments with naloxone to increase statewide access. 13. Offer training on available treatment options to jails statewide (which are independently operated).

AvoidOpioidSD.com



WHAT ARE OPIOIDS? TAKE ACTION FIND HELP KEY DATA



Medication-Assisted Treatment

MAT is the use of FDA-approved medications with counseling and behavioral therapies to provide a "whole patient" approach to treatment. MAT is tailored specifically to each individual. The medication can help relieve withdrawal symptoms while counseling promotes positive behavior and lifestyle change.





Medication-Assisted Treatment

There are 3 FDA-approved medications that can be used to treat Opioid Use Disorder (OUD)

- * Methadone
- * Buprenorphine
- * Naltrexone

Each medication differs in the way it works to relieve symptoms of opioid withdrawal. Overall they work to:

- * Normalize brain chemistry
- * Block the euphoric effects of opioids
- * Relieve cravings
- * Normalize physical functions without withdrawal effects

Medication-Assisted Treatment

Where to **Find MAT** Treatment in South Dakota

Three agencies in South Dakota have partnered with DSS to expand MAT

- * Center for Family Medicine- Sioux Falls
- * Lewis and Clark Behavioral Health Services- Yankton
- * Project Recovery- Rapid City

SAMHSA National Locator



Opioid Care Coordination

Care Coordination was created as a resource for people to turn to when they don't know where to turn.

Opioid Care Coordination is a <u>free, confidential</u> service that provides one-on-one support for people (or loved ones) struggling with opioid addiction.





Opioid Resource Hotline – 1-800-920-4343

The Opioid Resource Hotline is available 24 hours a day, 365 days a year – for <u>free</u>, <u>confidential support</u>, whether you're concerned about yourself or a loved one.

The Opioid Resource Hotline can assist with a variety of concerns/needs, including:

- Drug Take-Back Locations
- Treatment options that are available
- Financial assistance for opioid use disorder treatment
- How to help a loved one struggling with opioid misuse/abuse/
- Information on the involuntary commitment process

Opioid Texting Service Text 'OPIOID' to 898211

The opioid texting service is available—24 hours a day, 365 days a year—for free, confidential support.

When you text OPIOID to 898211, enter your zip code and county. The service is then customized based on your location, your specific needs, and questions.

Avera Project ECHO: Substance Abuse, Mental Health and MAT

- Target Audience: Healthcare professionals including physicians, nurse practitioners, physician assistances that are prescribing MAT. All members of the multidisciplinary team are welcome.
- Gain up-to-date knowledge through brief didactic presentations.
- Participate in case-based clinical discussions.
- Improve your confidence in managing patients with opioid use disorder, substance use disorders and mental health disorders.

https://avera.cloud-cme.com/default.aspx





Peer Recovery Services

Peer Recovery Support Services are available to provide effective, science-based peer coaching for people living with addiction, including their loved ones.

Partnerships currently include

- * Face It Together
- * Project Recovery

Peer Recovery Services can take place in person or virtually.



Behavioral Health

- Treatment services are available
- Funding assistance is available
 - 185% of Federal Poverty Level
 - Hardship Considerations
 - Indigent Medication Application

Behavioral
Health is
Essential to
Health

Prevention Works

Treatment is Effective

People Recover





Thank You! Questions?



South Dakota Opioid Resource Hotline 1-800-920-4343